

**Echo <**Monthly Periodical



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"Every day, think as you wake up,

today I am fortunate to be alive,

I have a precious human life, I am not going to waste it".

- His Holiness the 14th Dalai Lama







### Editorial -



### Dear Readers,

It all started with breaking news. Not knowing the tragic, yet ecstatic to get a month's holiday. But who are to be blamed for all we knew was the unknown. I can still vividly remember the fear it instilled within us. The headlines and the constant reminders to our deliberate delusions. Then, we were introduced to a new world of living. Unfamiliar but had to get adapted to the new mode of learning. Everything did work out in the end though.

And here we are again, from the virtual online mode of learning to being back to our beautiful classrooms and with our old friends. The ever changing environment changed yet again and so did our companions. Time waits for none. It may be eternal but its usage is finite. It is your choice; the ball is in your court now. You get to decide whether you chose to study for the better and become a productive member of our community or to idle around. Our time here on earth is sacred, so use it meaningfully, be an agent of change while you still can. After experiencing the Covid pandemic, we have learnt one of the most important lessons of life i.e. to not take anything for granted. Therefore, I urge you to use your time judiciously and take every opportunity that comes your way.

I, on behalf of my editorial, I would like to congratulate everyone & look forward to seeing many interesting piece of writing from you all. Let's celebrate the upcoming years!

- Tenzin Kesang, XII B Comm., Editor

# My Dad

### - Tenzin Yangdon, VII D

"No one in this world can love a girl more than her father."

My dad, he is the one whom I loved the most. He is the person to whom I always share my secrets and feelings. He is the greatest gift ever I received from god. He is the man whom I loved the most. He is the man who always protects me when I am facing any danger. No one has a daddy like I have with a smart face and kind heart. My dad name is Namgal Nawang. He is 58 years old. His hobby is cooking. He loves his family. He is kind man. He has two kids.

### The World Through My Eyes

### - Tenzin Shedup, XII S Sc.

The earth, what a fascinating object it is. Floating in the space, it has caught my attention. So today I am going to explain how I see the world through my very own eyes. The history of earth is a long one and in this writing I will start from the very beginning. After the formation of the mighty sun, what was left were the residual matters from the sun and

you can guess that tiny fractions of matter left behind is responsible for forming the earth that we now know and same goes for the other planetary structures in the solar system. So now my primary focus will be over the earth and not on any other celestial bodies because I consider earth as one of the most unique wonders in this entirety of the universe as it consists of something which is found nowhere else in this universe. Can you think what that something is? If I were to give the answer, I will say "it's us" or to be more precise "it's life".

Till now there is no solid evidence for the existence of life outside of the earth. You could say earth is the liveliest planet in existence. But it was a long journey for earth to get to her current state and to give birth to us. The mother earth had gone through lots of phases. Starting from a burning ball of fire, then to a planet that had been completely engulfed by a water and finally all the essential conditions were fulfilled with air, water and everything in place. A miracle occurred, the first creation, the first life formed and stepped into the picture and started a journey that is still ongoing.

Then life gave birth to free will and hope that we all carry within us. So in the end we are all a product of this living planet. So now that we came into the picture, our existence makes us wonder why we are here. For this question even I have no confident answer to offer. But I truly believe that it is for a good cause. With all my spirit, I love this earth and all life forms. Finally to tell you one last thing, I consider earth as place where possibilities become realities.

# <u>Hardwork</u>, not intelligence paves the way to success

### - Tenzin Youdon, XII P Comm.

To be honest, both intelligence and hard work are very important. But without hard work, intelligence will not lead to success and happy life. As we say "hard work is the key to success." If we listen to some motivational speaker they all failed plenty of time but eventually at the end their hard work paid off. Recently I listened to some inspirational speakers they are very intelligent and good in studies, but they failed in real life situation and their life choices. So, they tried

so many times till they reached their goal, achieved what they really wanted and succeeded in their life. Hard work is all about trying many times even if you are failing, as it leads to betterment of one's future.

If you do hard work now, you will be able to live a happy and peaceful life without any regrets and guilt.

Lastly in the end, it's all about how hard you've worked. Hard work and intelligence will take you to success .Hard work doesn't necessarily guarantee success, but no success is possible without hard work.

# Life is not a cakewalk

### - Tsering Choedon, XII B Sc.

God has given opportunity to all, not just for white people but for all and in the mean time we all should create difference in our lives since life is not a cakewalk. We are what we do not what we think. Everybody can imagine and have thoughts of doing extraordinary things in our life but only a few can have guts to do it in actual life. "A journey of thousand miles, begin

with one step" and we hesitate to take that step if I put it frankly.

Every successful person that you know till now, had spent their ages on their dreams with consistency and determination. It's just not a cup of tea for everyone especially to those who have a lame determination. For example - Bill Gate didn't just become famous and successful overnight but had worked extremely hard to secure the position he deserves and finally get it in the end. "The bad news is that time flies, the good news is you are the pilot". Everything is in your hand and you just need to know it. You can't just complain about all the time for the things you can't control or materialistic things you can't have. You have to be grateful and work hard to reach to that position which you really deserve and which you really want to achieve it. If life was a cakewalk, then everyone would have become scientist, doctors, engineer, astronauts etc. but in contrast it's not. Some people are living a very petty life just because they don't take that opportunity seriously.

That's the reality of life, one who works hard they get paid off and you

can see it clearly. "When you get tired, learn to rest not to quit" consistency, determination, hard work, are the key to successful life, it is not just about your natural intelligence without hard work-life is not a cakewalk.

## Importance of education

### - Tenzin Tsephel (Boy), IX D

We all know how much education is important in anyone's life. Most of the children do not love to study because they are more interested to play games or have some fun hanging around and staying idle. Education is not only about textbook, it's about knowing our nature, sports, cleaning the home etc.

In most of the schools there are only 5 subjects and all subjects are equally important because these subjects mostly decide our future. If you are good in 3 of these subjects then your future is safe, because life is good if you have education. If you want to create software or you want to work in a company you need education. In sports, we have to learn how to dribble, how to shoot or how to pass, these all are education.

Knowing how to cook or how to draw is also education. Most of the time we often mistake education is textbook knowledge. Almost every student in our society gets chance to go to school, do you know why? Because their parents know how important education is, as they have the experience. The children who don't like learning are those who don't know the importance of education. Our Tibetan children must not waste time playing video games in their smartphones and tablet as they only give temporary happiness.

If you want to be successful, you have to learn and study in your life. Learning a bit a day is necessary. Lastly, the cycle is like that-The more you learn the more jobs you will get, if you get more job options you will be able to get what you want and earn a lot, if you earn a lot then you can live a happy life with your family.

# My Life

### - Tenzin Dechen, IX S

From the age of 2, I started living with my grandparents. It was because my parent had to work, both my mom and dad worked very

hard to earn money for us (for my elder sister and me). They have a shop of readymade garment. I remember when I was young I would always beg them to take me to shop with them and they would reject or disagree to take me with them, I would always make faces (which I regret) or stomp my feet and go to my room. Whenever I think about my past it makes me want to change and correct it all.

From my birth until now my parents and grandparents were the ones who took care of me. Most of the time, it was me who made them angry. Not going to lie, I was playful and naughty back then. One day I saw my mom crying which broke my heart into million pieces, I went near her and asked why she is crying, she didn't tell me the reason why but tears filled my eyes too and I started crying, she hugged me and asked why I was crying. I replied, "Mom, seeing you cry makes me cry and my heart aches ".She then wiped her tears and hugged me tightly.

In my life my parents and my grandparents are the most important persons. I would never dare to hurt them as a tear in their

eyes will shatter me into pieces. I can't change or correct my mistakes in past but from now on I will try not to make mistake in future and will never let them down.

# **Happiness**

### - Dickyi Gurung, XII D Sc.

All the living beings want to be happy including from the smallest microscopic bacteria to the largest animal ever. Happiness is something which can neither be touched nor can be brought from the market. It is a form of feeling that all the beings are in search of.

Some work day and night without a single glimpse of the illuminating sun and the twinkling of stars, just in search of happiness. Everyone is so busy in search of happiness that they fail to feel the happiness come in their journey. Like the sun which is the eye of all beings and the stars. Even those things become dirty when we start to seek happiness in other's destruction. People today have largely become self-centered and competitive. Although, it is the competitive nature that brings success and changes, it is also one of the major causes for jealousy & hatred. Jealousy which makes a particular person to harm others to declare oneself the winner.

Although 21st century is known to be civilized & modernized, it is awful to know that this generation is welcoming another war. It is expected that being educated will lessen the war and create happiness around the world. But in this very year, we have seen Russia declaring war against Ukraine, which is currently telecasted in every channels and daily news. It is sad to see how developed country like Russia chose to be happy by invading another country, which means snatching other's home and freedom.

Despite the current situation, if we learn to appreciate the occurrence of every nature, including the pitter patting rain drop of monsoon and the sun during the day followed by moon and stars. We will come to know that every small thing really makes a difference. Appreciation of such small incidents will bring smile to our face and make us happy. And that is happiness.

Happiness is when you struggle sincerely and own something you really desire. Happiness is something when you rejoice in other's happiness and success. When such happiness comes in our way, it isn't necessary to laugh loudly; your broad smile speaks everything.

# Self Love is the Key

## - Thinley Lhamo Naksang XII B

Self-love is the only key to survive in this world full of rush and competition.

It is being observed that the number of people suffering from depression, anxiety and many such issues are on the rise. That being said we need to focus on one self and start loving for who we are. Lack of self-love can be caused by the surrounding and environment where one lives in. It may be lack of attention you get from family or jealousy & hatred between two individuals or groups. Such feelings will make them feel unwanted, unsafe and see problems in themselves.

With the causes and effects in the above sentence, I would like to suggest that we should create friendly surrounding, help each other, make them feel wanted,

develop a sense of gratitude towards others etc. With these few words, I will conclude this article "self-love is not being selfish."

### My Aim

### - Dickey Dolma, VII S

My aim is to become a doctor or nurse. I will try my best to become a doctor or nurse. I will not give up and I will study well to achieve my aim. My family is supporting me to achieve my dream. I am sure when I grow up I will be nurse because nurse is important. When I was a child I wanted to become a doctor but now I want to be a nurse. Whenever I go to hospital, I look at nurse for what they do and how they work. If I don't become a nurse, it's okay but I won't give up. I am going to try my best to be a nurse. Last thing I want to say is don't give up in your life and try your best to achieve your dream. Thank you my family for supporting me. I hope you all will try your best to achieve your dreams.

# **THANKFULNESS**

### - Tenzin Ramjam, VIII D

Hi, it's me Tenzin Ramjam. Today I

am going to say thank you to all the TCV Bylakuppe teachers through this essay. I have joined this school in the year 2019 and I was just 15 years old then. At that time I was a narrow-minded student who was quite disinterested in studies. After frequently getting right advises from beloved teachers, I have gained a lot of knowledge and I became an open minded. They always tried to turn my mind towards the right world and taught me how the world and societies work. These days whenever I take a wrong step, they always guide me for my own benefit or good. When I joined this school, I was a student without any ambition in life. Now I have an ambition that is, to become a responsible English teacher because of my dearest teachers and I am going to work my best for it in upcoming years. Lastly thanks a lot for everything that you all have done for me. I will be highly indebted to you all.

# **Baby Room Amala**

### - Tenzin Lhamo Sangpo, IV

Few days ago, I met my baby room amala. Her name is Kalsang Choedon la. She is 65 years old. My baby room amala is very good. I was happy to see her after two years and we hugged each other. I was in the baby room for two years because my parents were working in the school. She used to take care of me. I love her. May she live long. THANK YOU EX BABY ROOM AMALA.

# I had a Dog

### - Tenzin Jigmey, VIII S

Long ago, I had a fluffy white puppy called Sindu. He arrived with a surprise. My dad brought him on our bike. We took care of him, bathed him, loved and cared him like a family member He always woke me up so that I can get up on time and get ready to go to school. When he was big enough, we kept him outside and I always used to take him for a walk and would give food etc.

One day suddenly, he got ill. My parents took him to the doctor and when I came back from school, he had strange things all stuck to his legs. When I asked my parents what had happened they said that he was on glucose. He couldn't play or run, but he always wagged his tail when he saw me. So, it went on like this for a few days. Until one day when I

**⊢Poetry** 

### Articles

returned from school, my dog Sindhu was nowhere to be found. We started searching for him everywhere in our neighbourhood. Finally, we saw him lying on the ground. He had died and since then I always felt I lost a family member.

# Sharing Experiences during Covid Pandemic

- Tenzin Yangchen, VII S

#### 1. ABOUT HOME SCHOOLING

Every student was learning through online class because of covid-19 pandemic. Most of the students have lots of issues like poor network some students did not have phones to learn and attend their online classes. Most of the teachers teach using Google meet app for students to understand better. Sometimes they conduct quizzes using Google form.

# 2. DAILY ROUTINE DIFFERENCES

There are lots of differences between hostel and your home. I have a lot of time to spend with my family and trying out new things. My family and I always tried a lot of life hacks and took pictures for memories.

#### 3. CHANGES IN THOUGHTS

Before the covid pandemic, I used to think that learning new things means we have to sit in a classroom on a desk and a chair. But because of pandemic, I now know that learning can happen without them.

# 4. THINGS THAT WE LEARNED DURING THE PANDEMIC

There are a lot of new things that we learned during pandemic from Google, Safari, and news and from the other people. Many people learned lots of cool new things. You can also collect new information from news on vaccine and I learned that taking vaccine, wearing mask and sanitizing are important.

# Life after Covid 19 pandemic

# - Jigme Rapten Chodak, VII S

Covid 19 is a virus originated from Wuhan (China)

It has killed millions of people and has no initial cure but there is a vaccination to prevent death and to build stronger immune

system.

The virus has affected the society and population,

all over the world.

We need to follow the standard precautions in order to avoid Covid 19 by wearing face masks, physical distancing and most importantly washing hands as much as possible.

Life after Covid is different because it is a new normal, Virtual reality has taken over and the internet and digitalization is more reliable.

Shops, schools, banks and many other sights and tourisms are reopening now as Covid 19 has decreased a lot.

People can go out and breathe fresh air while simultaneously, following the standard precautions and get vaccinations.

Now we can go to restaurants,
work and do many
more things that we cannot do
during lockdown.

Many people lost their jobs and
couldn't get any

source of income.
But now they can. Since
Everything is reopening and life is
starting to get a little normal.
Thus, I hope we never ever
experience such pandemic/viruses
like this ever again.

# Lesson in disguise

- Tenzin Tseyang XII B Sc.

As I sit by the window, Gazing dreamily at the nature Sweats forming underneath the mask

Takes me back to the harsh reality.

A world far from the expectations,
Filled with worries and pain.
The world which was once
roaming freely,
Is now locked up in isolation.

When I reflected upon the gone vears.

Many lessons could be learnt. Taught me the uncertainty of life. So, give your best to the moment.

It brought out the spark in me, Which had forever been hidden. Showed me the things that I could do,

Those that I believed couldn't.

 $\dashv$ Poetry

### **Poetry**

Appreciating even the little things in life,

Since your worst moment today
Could become your best
tomorrow,

By facing so much worse than that.

Seeing the pandemic in different light,

You come to know of the values you had gained.

That time when the world grieved the most

Is actually 'a lesson in disguise'.

# A Mesmerizing Sight

### - Tenzin Khando, XII D (C)

That moment I walked through the gates.

Confidence and happiness blaring out of me.

Walked with my best friends As we make our way to the dorm.

A room filled with laughter's and jokes And talks, which we haven't done for a long time

A huge smile on my face
And it went on for as long as I
could remember.

Attended offline class the very next day,

Amazed and shocked as the expression suggest,

Of the students and the teachers,

Oh, what a mesmerizing sight to see.

As they mingle around.

# **School Captain**

### - Tsewang Choedon XII P (C)

Being a school captain

One might think its easy task

You'll know when you are one.

Captain knows the way
They are the one to lead the way;
By showing the right way.

When problem arises
You can come to school captains
To share your problems.

To all the captains
For your hard work and good
deeds
I salute you all.

Being school's head captain

I try to know about others

As to solve their wrongs.

Being the school girl's captain
It's an opportunity
To help the girls for their
betterment.

# **Nature**

### - Tenzin Kesang, XII B (C)

Surrounded by her embrace, Was a field of grace Its land a small heaven It's heaven a vast territory.

> She fed us, Yet, we slaughtered She protected us, Yet, we destroyed

Efforts she makes
But are they worth?
For all I know
Is a world of greed.

Her voice a low hymn
But her cries a loud shriek
The damage has been done,
A condemn so brute.

How will the future survive, If the present never bothers? How will the world revive, If efforts never suffice? The deeds are the past
The present still intact
Her calls for help
Will her children answer?

## **Gratitude**

### - Tenzin Yeshi, XII D Sc.

Born as a normal being,
Grow on the same dust and air
Yet the action he does
Sparkle in the eyes of many.
Work with humbleness,
Speak with truthfulness,
Treat with kindness,
And love without conditions.

childhood,
Youth gone in a blink of an eye
Along with our motherland Tibet
Harsh reality of the world he saw.
Still,

Never experienced the playful

Breathe every air for humanity and Peace, the necessity of the world As long as he lives,

 ${\it The spark for freedom\, never\, dies.}$ 

In the world full of darkness The only way of hope we've left His holiness the 14th Dalai Lama May you live long!

# Tibetan Language

### - Tenzin Choenyi, VIII D

Most of the person, Knows this language, This is my mother tongue I love this language.

Tibetan language was created by, Gyalpo songtsen gampo. He even created sixteen laws I respect him from bottom of my heart.

I grow up learning this language, I can't let this language fade. After I grow up I will teach, The language I can never forget.

May this language spread over, May this language never fade, May every person learn Tibetan. And Tibet will be Free Soon.

# <u>Life</u>

## - Gangkar Dhondup, VIII S

Life is like a bird, Fly and enjoy it. Life is like a challenge, Accept it. Life is like a tree, Grow it. Life is like a question,

Answer it.

Life is like a dark,

Light it.

Life is like a puzzle,

Solve it.

Life is like a lesson,

Learn it.

Life is like a battle,

Fight it.

Life is like a heart,

Beat it.

Life is like a song,

Sing it.

Life is like a prayer,

Pray it.

Life is like money,

Spend it.

Life is like a wind,

Blows away.

## It all comes down to you

### - Tenzin Deckey, IXS

When I look at the moon on the water's surface reflecting every inch at it what I see is a face. A face that reminds me of the past. A past that no one would like to have.

 $A \, past \, that \, changed \, me.$ 

It all comes down to love.
The love that you gave me.

That care that you gave me. Even though it's all fake I still remember that sparkle in your eyes when you talk.

Remember when you said you won't leave me behind but look what you did.

You left me behind with all these strangers.

But what is there for me to do. When I can't even see or hear you.

I hope you are fine up there. Looking at me and smiling and saying

'Baka' to my every mistake. When it all comes down to you.

# I wonder?

### - Rinchen Dolma, VIIS

I wonder why earth is round, and not square?

I wonder why trees grow on land and not in ocean?

I wonder why grass is green and not beautifully red?

I wonder why stars shine at night and not in the day?

I wonder why people can talk And why not animals?

I wonder why sun is hot and Not icy?

I wonder why we wear cap on head and why not on feet?

*I Wonder.....* 

# **Butterfly**

### - Tenzin Tsephel (girl), IX D

There is a butterfly in my stomach. It flutters its wings, and makes me laugh.

This butterfly never wants to come out.

Little one.

You stay there inside me

Make my heart tender. You creep among my ribs.

When my mouth fumes and rages,

vou never betrav me.

When lonesome feeling reign like king,

You quietly turn cold.

This butterfly in my stomach needs warmth.

Needs and wants are not good words.

But a few of these are necessary.

Editorial B	oard	
Advisors:	Tsering Yangkey (Mrs.) Tenzin Samdup (Mr.)	
Editor:	Miss Tenzin Kesang	XII B (C)
Members:	Miss Pema Lhamo Miss Tenzin Tseyang Miss Thinley Lhamo No	XII B (C) XII B Sc. aksang XII B S
	Find us also at Http://tcvbyl.net/periodica	als/
То		

Tibetan SOS Children's Village PO Bylakuppe, Distt. Mysore Karnataka State - 571104, India

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